

## Goal Setting

After the completion of your SWOT analysis, think about what it has uncovered? what issues it's raised? what opportunities you can get involved in? and what strengths you have to move your practise forward?

Once you have identified these you can then start to set your goals, think about all aspects of your practice and focus on what success looks like

Think **SMART** when setting your goals

**S**pecific (key details) **M**easurable (quantifiable) **A**chievable (based of your resources) **R**ealistic (can you achieve it) **T**imed (Give yourself a deadline)

Please list 3 key goals for the coming year

1.
2.
3.